



**FAMILY PLANNING ASSOCIATES MEDICAL GROUP**  
 INSTRUCTIONS FOR FIRST TRIMESTER SURGICAL ABORTION

- ✓ Please bring your photo identification.
- ✓ If you are insured please bring your insurance card and a referral if it is required.
- ✓ Do not eat, drink, or smoke after midnight on the day of your surgery. This includes water, ice, gum and candy.
- ✓ Plan to spend 3-5 hours under our care at the facility.
- ✓ Payment is accepted in the form of cash, credit card, debit card, or money order. Personal checks are not accepted.
- ✓ Do not wear any jewelry, including earrings, bracelets, rings, etc. All body piercing jewelry must be removed.
- ✓ Keep valuables at home.
- ✓ We do not allow children in our facility out of respect for our other patients.
- ✓ Make sure to have someone to drive you home on the day of your surgery.
- ✓ If you take any medications, please bring them with you to your appointment.
  - Other instructions for your medications (please ask for this information when making your appointment and we will provide you specific instructions depending on your medication/medical condition):

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**Directions from your location:**

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**Appointment Date:** \_\_\_\_\_

**Appointment Time:** \_\_\_\_\_

**Any Additional Notes:**

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